



**D R . P A U L C A T T A N I**  
**C O S M E T I C**

- **Dr. Cattani Cosmetic traditional - innovative**
- **Dr. Paul Cattani developed natural cosmetics as early as 1919.**
- **Protection and prevention of the skin is in the foreground during development**
- **We produce to order in the manufactory - always fresh**
- **When you have realized that nature is the future of cosmetics**

**.... then the time has come for you to rethink, then you should do something.**



**Decide for nature.**

**Decide for Dr. Cattani Cosmetic**

**[www.dr-cattani-cosmetic.com](http://www.dr-cattani-cosmetic.com)**



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Use a cosmetic that uses only active ingredients from selected herbs, pure beeswax, honey and natural oils. Dr. Cattani Cosmetic meets these requirements, is manufactured in Switzerland and does not contain any substances that have been tested on animals.

#### Cosmetic in 100% Organic Packaging

- 100% organic packaging, such as jars, bottles, etc.
- From renewable raw materials
- Manufactured in Europe
- We actively reduce plastic waste
- Convincing and consistent action, without secondary packaging
- We stand for an intact nature produce one in the factory
- Noble, simple, elegant



*Recipes and products are subject to change without notice.*

#### **Important: Creams from Dr. Cattani want to feed themselves!**

- **Gently massage in and wait a few minutes for the Skin that absorbed the cream.**
- **Dab or spread the rest with a cosmetic tissue.**
- **This keeps the kin moisturized and nourished all day or night**



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## **Quality**

Dr. Cattani Cosmetic is based on high-quality vegetable oils such as almond, jojoba, wild rose, grape and apricot kernel oil.

Valuable natural ingredients such as marigold and lime blossom extracts promote and support the healthy balance of the skin. Dr. Cattani Cosmetic is gently and gently produced in our own laboratory according to the high-quality raw materials.

## **Product safety**

The products have a shelf life of 12 months from the date of manufacture. Protection from heat and sun is important and recommended. Storage between 5° - max. 25°.

## **Good compatibility**

Dr. Cattani Cosmetic consists only of gentle, well-tolerated raw materials.

All products are also available without fragrance.

## **Minimal preservation**

Low use of preservatives guarantees optimum freshness of the products for 12 months.

## **Transparent declaration**

Dr. Cattani Cosmetic is declared according to INCI (International Nomenclature of Cosmetic Ingredients) in descending order of quantity.

## **Ecology**

Dr. Cattani Cosmetic is biodegradable. The raw materials come, whenever possible, from organic cultivation.

Our local production sites and direct delivery to end customers guarantee short distribution channels.

As an ecologically oriented company, we want to conserve resources in the best possible way, in harmony with our suppliers and our customers.

## **Animal testing**

We reject animal testing and support animal-free alternatives.



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## Cleaning

- **Cleansing with Aloe Vera** - soap-free, mildly foaming, suitable for all skin types. Gently and thoroughly removes dirt particles and make-up. Lather with water and massage into face, neck and décolleté, remove with plenty of water. Also excellent as a shower gel, for intimate care or as a hair shampoo. Ideal for holidays and weekends..
- **Almond milk with lanolin** – for all skin types, but especially for dry skin. Water-soluble, gentle deep cleansing, does not attack the skin's natural moisture balance. With almond oil and lanolin.
- **Orange milk** – for every skin type. Water-soluble, wonderfully freshly scented deep cleansing. Does not dry out even sensitive skin, but cares for it during cleansing. With orange oil and lanolin.
- **Cleansing milk Azula** – the creamy emulsion especially for sensitive and allergic skin cleanses particularly mildly and has an immediate soothing, soothing effect. With pure Guaiazulen..
- **Rosen Cleansing Milk and Cleansing Cream with genuine, noble Damascus Rose Water, soothing and harmonising.**
- **Facial Lotion with Hamamelis** – suitable for all skin types. Refreshing, stimulating tonic that firms, refreshes and stabilises the skin. The ideal post-cleansing treatment.
- **Facial Lotion Azula, without Alcohol** – especially for sensitive skin types, for inflamed, irritated skin. Also recommended after sunburn..
- **Facial Lotion Herblo** – suitable for all skin types. The herbal extracts, however, have the best effect on large pores or oily skin. With nettle, mallow, lemon balm, sage, witch hazel.
- **Facial Lotion Rose** – without Alcohol This gentle face lotion vitalizes the skin with noble Damascus Rose Water.

## Special care for acne and blemished skin:

- **Camphor Milk** – suitable for all skin types, but especially for problem and oily skin. Water-soluble, gentle deep cleansing, thoroughly removes excess oil, has a decrusting effect. With camphor and peppermint oil.
- **Lotion 101** – against impurities and pimples. Astringent facial lotion, normalizes the sebaceous glands, disinfects and dries out impurities without affecting the rest of the skin.
- **Aknevia Cream** – light day and night care. Excellent against acne, blackheads and blemished skin. Coltsfoot, dandelion, parsley, hamamelis, etc..
- **Aknevia Mask und Aknevia Ampoules** - Mask works even more intensively with ampoules. With marshmallow, parsley, hamamelis etc.



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## 7-Herb Cream

An agent to lighten age spots on a purely vegetable basis. Seven plants have emerged from a broad-based study. They have the highest tyrosinase inhibitor activity. If tyrosinase is stopped, the formation of melanin,

The skin pigment. The seven plants are arranged in such a way that they can be complement each other and thus the greatest (whitening) effect can be achieved. These are the effects: mallow, peppermint, real primrose, lady's mantle, speedwell, lemon-melissa and yarrow.

In order to treat age spots specifically, the cream should be specially applied to the spots.

## Dr. Cattani Men

- **After Sahve Balm** – Soothes and moisturizes the skin after shaving. Strengthens the natural protective functions. Provides a relaxed skin feeling. With aloe vera, allantoin and bisabolol, without alcohol.
- **After Shave Gel** – An extra light, refreshing and oil-free gel for moisturizing the skin after shaving. Especially for the more oily skin or in the warmer season. With active ingredients from the prickly pear and arnica, without alcohol
- Moisturizing **Cream** - soothing and protects against the stress of the day. The skin is optimally supplied with moisture. With lots of vitamin E and aloe vera.
- **Bodylotion** – suitable for all skin types. The skin is protected from harmful influences and prevented from drying out.
- **Body- & Hairwash** – Gentle foam gently cleanses skin and hair and gives a pleasant feeling.



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## Special care Hippolyta with organic mares milk

Organic mare's milk contains vitamins, minerals and trace elements. These ingredients are important to keep the skin in a healthy balance.

Organic mare's milk and cold-pressed plant oils activate the skin metabolism, tighten and regenerate excellently.

The skin elasticity is increased, the moisture content in the skin is increased. The aging of the skin is lastingly delayed.

- **Crème Hippolyta légère** – light day or night care
- **Crème Hippolyta riche** – rich day or night care

## Day Care

- **Azulen Day Care** – especially for sensitive and irritated skin. Soothes stressed, nervous and allergic skin. Balances and unblocks couperose. This very rich, gentle cream protects the skin from environmental influences and provides the sensitive skin with moisture, nourishing oils, vitamins and soothing substances. With azulene, D-panthenol and extracts of oak root tips
- **Aloe Vera** – moisturizing gel under day and night cream, keeps the skin moist for 24 hours. Aloe Vera Moisturizing Gel supplies the skin with valuable minerals and enzymes. Improves the formation of new cells, increases the skin's oxygen uptake and thus counteracts the ageing process. Aloe Vera Gel keeps the skin smooth, moist, soft and supple. The plant gel has a calming effect on sensitive or irritated skin. It soothes and cools after sun exposure and provides the skin with optimal moisture. Aloe vera, vitamin F, plant extract. Gel base, anti-inflammatory extracts, disinfectants. Aloe Vera Gel is suitable for every skin type, every age, for the whole family..
- **Active Moisture** – a moisture fluid that penetrates the skin amazingly quickly and, thanks to its constructive active ingredients, provides optimal moisture penetration and firming of the skin. Ideal make-up base.  
With arachid oil, moisturizing factors, aloe vera, thyme, extracts of chamomile.
- **Orangencream** – ¼-fat day and night care, a cream with a unique fine consistency. It restores firmness and firmness to the skin by increasing its moisture content. Apply in the morning after cleansing or as 24-hour care. Suitable for all skin types. With orange oil, aloe vera, chamomile, panthenol, vitamin A, E.
- **Jasmincream** – ¼-fat Day and night cream. Natural vitamin E and jojoba oil counteract the formation of wrinkles. A highly effective, activating day cream or 24-hour care refines the skin structure and penetrates well into the skin. With jasmine oil, vitamins A and E,
- **Taufrisch Cream or Emulsion** – Has an anabolic and invigorating effect due to the herbal mixture of sage, spruce needles, periwinkle and strawberry leaves. Refines the appearance of the skin  
Cream for rather dry skin, suitable as day- and/or night care  
Emulsion, suitable for oily skin, as make-up base, as day and / or night care





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- **Rosebud Cream** – ½-fat 24-hour care. Rose oil is used because of its skin tightening and cell activating effect as well as for the promotion of vitality and vitality. Tightens, invigorates, protects and nourishes normal and dry skin with rose oil..
  - **Calmy Azula** – ½ fat 24-hour care. Vitamin-rich nutrient cream for sensitive skin. Gentle, rich care cream for all skin types, but especially for extremely sensitive skin. With azulene.

## Night Care

- **Active de Nuit** – activating night cream. A light, soft care cream with natural, particularly skin-friendly ingredients. Moisture-regulating, non-greasy night cream or 24-hour cream for all skin types. Ideal for men. With wheat germ oil..
- **Queen of the night Cream** – this cream contains a very special active ingredient that is exclusively reserved for the queen bees: Royal Jelly. This extremely caring delicacy activates cell renewal and, in combination with valuable ingredients such as peanut oil, bee honey and vitamin F, ensures that even dry and tired skin can regenerate itself. Regular care with Royal Jelly improves the skin's elasticity and defence system. Can also be used as a 24-hour cream. Queen of the Night is a deeply effective, revitalizing and nourishing cream for dry, demanding ski.
- **Gloriosa Cream (Firming)** – excellent care cream for mature skin which has aged through years and intensive exposure to light. Gloriosa Cream reduces wrinkles and fine lines caused by a lack of moisture. Regenerates and tightens the skin, the connective tissue becomes elastic and fine again. Gloriosa cream contains 10% collagen and elastin.
- **Regeneration Anti Aging Cream** – is a particularly rich, active substance intensive night and cure cream. This anti-wrinkle regeneration cream counteracts the formation of wrinkles and reduces lines and wrinkles in the face and neck area. A highly active night cream that counteracts the aging process for demanding, stressed skin. With collagen, carrot oil, vitamin E and coltsfoot.
- **Cream Fantastica** – vitamin-rich natural oils and extracts of jojoba oil, carrot and vitamin oil counteract the formation of wrinkles. The skin is noticeably smoothed and supple. A fantastic cream for mature, very dry skin.
- **Cream with honey** – universal cream for day and night for the whole family. For very dry skin in winter as 24-hour care. Nourishes and cares for dry, often reddened and scaly skin. Offers your skin optimum protection when skiing or walking in the cold air. With wheat germ oil, witch hazel and honey.

### Excellent as a massage cream!

- **Sérum vitalisant** – a highly effective protection with valuable marine extracts. The serum protects against external influences and neutralizes free radicals. Strengthens the skin's defences and alleviates the traces of everyday life. The ideal complement to daily care with deep action. Can also be used as a cure. Is applied thinly under the usual care.



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## Noble Line “Aphrodite”

- **Crème Aphrodite légère** – The light care cream with its velvety consistency. Acts as a guardian for your delicate facial skin. Protects against external influences. Pearl extract gives your skin vitality and precious Damascus Rose Water soothes it. Protects and vitalizes. Ideal make-up base
- **Crème Aphrodite riche** – Macadamia nut oil regenerates your dry to very dry skin. Selected active ingredients, such as extracts of pearl and avocado make your skin shine, it feels soft and delicate. The ideal care for dry, flaky skin, in winter or when the skin is exposed to stress. Has a nourishing and restorative effect.

## Peelings und Masks

- **Peelingcream** – very effective skin peeling for face and body. With active washing substances, high-quality, natural waxes and oils, e.g. beeswax, very special quartz sand and extracts from sand. The round polished quartz sand gently frees the skin from hornifications and skin flakes. The complexion is refined and the skin is more receptive to all important active substances
- **Peppermint-Peeling-Mask** – clayey mask base with a combination of active ingredients and a soft jojoba pearl rubbed body make dead skin cells and impurities disappear. The special composition of this mask supports the structure, the moisture balance and the natural regeneration of the skin. It gives the skin back its suppleness and young, fresh appearance. With wheat germ oil, chamomile extract, panthenol, peppermint oil and mentho
- **Seaweed-Maske Algoutine** – Moisturizing factors and special penetrating natural oils relax tired, stressed and environmentally stressed skin. Sea algae, minerals, vitamins, calendula, St. John's wort, arnica and arachid oil, natural waxes are the basis of this refreshing mask. It tightens, circulates blood and nourishes dehydrated skin.
- **Collagen-Mask** – ideal if you still want to go out in the evening! This mask tightens your skin, the facial features are smoothed, traces of tiredness disappear. The vitamin-containing cream mask regenerates, moisturises and nourishes. The high-quality ingredients regulate the moisture balance and increase elasticity. For all skin types, but especially for mature skin. With hamamelis, collagen and elastin..
- **Sansibar-Mask** – for sensitive, nervous, allergic skin. Has a calming effect and provides moisture. Ideal for couperose. With valerian, mallow, sage, thyme, witch hazel and azulene..
- **Honey-Mask** – promotes blood circulation and nourishes the skin. With rosemary, nettle and honey.
- **Neothermoman-Maske** – is a highly effective healing clay mask, ideal for problem skin. It helps against pimples, redness, impurities and refreshes and invigorates every skin. The Neothermoman mask is indispensable as a mask or mask base



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## Hydrolate

Also known as flower or plant waters, are produced during the steam distillation of plants and contain, in addition to a small proportion of essential oils (1-3%), above all their water- and water-liquids.

soluble agents. Can be used as a tonic substitute. Also ideal as an eye compress. Erhältlich: Rose-, Lavender- und Orange Blossomhydrolat

## Eye Care

- **Eye Wrinkle Cream** – nowhere is the skin as soft, thin and sensitive as in the eye area. The reason for this is that there are no fat cells. That is why it is there that the first wrinkles want to form..  
The highly effective eye wrinkle cream according to Dr. Cattani is normally irritation-free, it smoothes, refines and supports the fine eye areas. It contains a high proportion of skin's own care substances and moisturizers, which help to prevent dryness lines and improve the elasticity and moisture retention of the skin. Apply morning and evening after cleansing with fingertips. Very well tolerated by all skin types
- **Eye Contour Gel** – For radiant moments, the complementary care for the delicate area around the eyes. Without fragrance and alcohol, suitable even for a very sensitive eye area. Ideal make-up base. Fat-free gel provides the delicate skin around the eyes with essential moisture enriched: Vitamin A, C, E, silk proteins and D-panthenol.  
Apply one drop of the gel gently in a circular motion to the eye area. (Avoid eyelid)
- **Orange Oil** the ideal eye make-up remover. It is very mild and does not form a greasy film.

## Lip Care

- **Lip Balm** – Jojoba oil and lots of vitamin E provide velvety soft lips and neutralize free radicals.

## Ampoules, the very special beauty care

- Is the highest concentration of active ingredients. Due to the aqueous base, the active ingredients are released immediately and can unfold their effect more quickly. Dr. Cattani Cosmetic offers you only 2ml herbal ampoules, good for face, neck and décolleté..

**SANSIBAR** moisturises sensitive skin. Slightly oily.

**TESO** with rosemary, lemon balm and sage, circulates blood to tired skin.

**AKNEVIA** against acne, blackheads and impure skin.

**ANIMO** restorative, counteracts brown spots..

**COLLAGEN und ELASTIN** regenerating and moisturising.

**REGENERATION** intensively regenerating, improves the skin structure.

**TAUFRISCH** strengthening, invigorating and restorative, refines the appearance of the skin



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## Beauty from the inside

- **Skin Balance Tea** - Ideal supplement to Cattani Cosmetic products, selected herbs support the regeneration of the skin from the inside.

Contains: Peppermint, sweet clover, marigold, horsetail, coriander, liquorice, balm, Pansies, birch leaves, St. John's wort

Pour boiling water over 1 teaspoon Skin Balance Tea and leave to brew for 10 minutes..

- **Skin Balance Herbs** - Our herbal blend is based on the findings of Bertrand Heidelberger, whereby our blend has been supplemented by other herbs that specifically support the skin from the inside. The mixture consists exclusively of powdered medicinal plants without chemical additives.

Contains: Aniseed, caraway, fennel, dandelion, juniper, yarrow, small beaver, turmeric, marigold, wormwood

Morning and evening: ½ Put a teel in your mouth, salivate, rinse with a glass of water and swallow..

- **Fitness 4 you - for more drive and verve**

Do you sometimes struggle with sluggishness and tiredness? I just say:

Vinegar, honey and herbs - three products that I can no longer imagine my life without.

Sour honey to get everything going again and to support it.

Doctors of antiquity, like Hippocrates, already swore by it.

The active acetic acid bacteria of a naturally left vinegar and cold-stirred honey contains around 200 ingredients, including amino acids, minerals, enzymes and much more. Combined with dandelion, rosemary and horsetail provide pure power.

In the morning, mix one tablespoon of Fitness 4 you with 200ml of warm water and enjoy.

Bottled in a beautiful violet glass bottle for optimal protection of the product, without additives, such as preservatives etc., completely natural.

Ideal also for athletes - recommended on the Cologne anti-doping list

## Noble Line „L´or de Lion“ Detox for your skin

- **Crème L´or de Lion légère** – Light care with its velvety consistency. Colloidal gold helps mature skin to look youthful. The natural moisture content is preserved. Dandelion has a balancing and restorative effect, nettle stimulates the metabolism. Ideal make-up base
- **Crème L´or de Lion riche** – Marigold oil regenerates your dry to very dry skin. Colloidal gold helps mature skin to look youthful. The natural moisture content is preserved. Dandelion has a balancing and restorative effect, nettle stimulates the metabolism. Suitable for dry to very dry skin.



## Body Care

- **Body Emulsion** – natural oils, witch hazel and moisturizing factors keep your skin elastic and supple, soothe irritations and support the natural moisture balance. Daily, especially after showering and bathing, the body emulsion regulates the moisture balance of your body skin. It penetrates quickly into the skin and immediately gives it a pleasant and refreshing feeling without leaving an oil or grease film behind.
- **Body-Milk mit Aloe Vera** – this skin care milk is enriched with care substances that are similar to skin fats. Velvety soft, it lies like an invisible protective film on your skin and gives it optimal moisture. Daily after showering or bathing, especially pleasant and refreshing after sunbathing.  
Ideal for men after shaving. The skin becomes velvety soft and redness disappears.
- **Orangenöl, Beauty Oil für for Face and Body** – pure vegetable vitamin oil with orange extracts. Penetrates immediately into the skin, greases without leaving residues on the skin. It is very pleasant to use, especially after a bath, solarium or sauna. Makes the skin velvety soft. Can also be poured into the bath. Excellent as an eye make-up remover. It is very mild and does not form a greasy film..
- **Après-Douche marronnier Quickly absorbing body oil - pure vegetable vitamin oil with horse chestnut extracts.** Penetrates immediately into the skin, greases, but does not form any residues on the skin. Very pleasant to use, especially suitable for tired legs. Massage regularly in the morning and evening and tired legs are a thing of the past. Grapefruit oil ensures incomparable freshness..
- **Deo-Roll-on La Brise** provides a feeling of freshness for the whole day, on a natural basis with Sodium and sage  
Without alcohol and aluminium - unscented
- **Gelenkschmiere – Synovial cream**



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Our musculoskeletal system is exposed to a multitude of stresses and strains. Joints, intervertebral discs, tendons and cartilage suffer from poor posture, one-sided strain, overweight and, of course, age-related deterioration, which leads to joint pain and other complaints. St. John's wort oil and a mixture of 6 essential oils ensure more mobility and well-being when used regularly.

Contains: Cajeput oil, rosemary oil, spike oil. Cinnamon Bark Oil, Juniper Oil, Eucalyptus Oil

### Special care Hippolyta mit with organic mare milk

- **Hippolyta Körperemulsion** – light, easily absorbed body milk
- **Hippolyta Bodybutter** – rich care for very dry skin
- **Hippolyta Duschmilch** – Moisturizing and soothing shower milk

### Sun Care

- **Sunscreen - A mild yet effective cream that protects against both UVA and UVB rays. Enriched with vitamin E** and marigold extract. Ideal for all skin types and all year round to protect the skin from the harmful effects of the sun. Available in the following factors: Medium (20), High (30) and Very High (50)





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## Hand Care

- **Hand cream with lanolin** - protects the hands from drying out and restores the lipid water balance of the skin. Makes hands smooth, soft and elastic. With lanolin, allantoin, lemon and eucalyptus oil.
- **Special hand cream** – or heavily stressed, brittle and cracked skin. Rough hands become soft and smooth again. Protects against cold and wetness. Absorbs very well and leaves no annoying greasy film on the skin. With plantoil, lemon oil and jasmine..
- **Office Hand Cream** – the ideal hand cream for the office and on the way, everywhere where a fast absorbing and non-greasy hand cream is needed. With almond oil, D-panthenol and aloe vera, moisturizing, calming, protective  
**Leaves no annoying traces, neither on mobile phone nor on paper**

## Foot Care

If your feet are doing well, you are guaranteed to feel good.

- **Pedimentha** – ideal in summer, against foot burning and sweat, a cool invigorating cream that can be massaged into aching legs, ankles and feet. Excellent for athletes. Menthol, eucalyptus and camphor combat foot odour and refresh the feet.
- **Pedilevis** – Arnica and lanolin soften hard skin and relieve tired feet. Particularly suitable in winter - stimulates circulation and warms. Your feet will thank you for it..
- **Pedisauge** – Sage gives your feet wonderful freshness for the whole day, unpleasant smells and embarrassment when taking off the shoes belong to the past. Your feet will thank you for it..

## Anti Cellulite System Care

Tight contours with little effort, but more success. Especially in summer, cellulite is an annoying companion. What to do? Fight cellulite with our 4 week program..

- **Thé régénérante** – Basentee – selected herbal blend to support from the inside, promotes purification  
**With peppermint, hechel, birch stinging nettle, melilot and chamomil**

**Drink 3 cups daily for 4 weeks.**

Pour boiling water over 1 teaspoon of Thé régénérante and cover and leave to stand for 10 minutes.

- **Bodypeeling Maris** – Relax with sea salt, the skin is purified and tightened.



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Enriched with: Sea salt, coconut oil

*Application*

Massage the still dry skin with Bodyypeeling Maris with circular movements and then shower off with lukewarm water.

- **Douche Gel La Brise** – tangy, invigorating shower gel for a long-lasting freshness with rosemary oil.  
The ideal shower gel for frequent use. Thanks to its mild formulation, the skin is gently cleansed and protected from drying out.

*Application:*

Apply a hazelnut-sized blob of gel to the moistened skin.

- **Apès-Douche raffermissante** – firming, quickly absorbing body oil. Apply to wet skin and massage in. Stimulates blood circulation and promotes detoxification.

Enriched with ivy and ethereal grapefruit oil

- **Pedibain vivifiant** – A footbath is more than just getting wet feet, footbaths are a relief and have a strengthening and invigorating effect on the circulation.  
Enriched with eth. rosemary oil

## Baby Care

### Why organic almond oil in baby care?

It has proven itself especially in the skin care of sensitive baby and children's skin, as it is well tolerated by sensitive and dry skin and is recommended for refatting. Almond oil is incomparably mild and irritation-free

Everything without perfume to protect the delicate baby skin and without Irritant overload

More than we can imagine, our life is determined by our sense of smell, simply expressed by our nose

For good reason, however, baby products are unscented because the skin is so delicate and sensitive..

- **Waschlotion Bébé** – M Mild wash lotion, soap-free, non-irritating, unscented  
Enriched with: D-panthenol
- **Massageoil Baby** – Light massage oil a relief for the delicate baby skin  
Enriched with: Almond oil, unscented
- **Crème pour le Bébé aux amandes** – Light cream based on almond and marigold oil  
Enriched with: Almond oil, marigold oil, vegetable emulsifier
- **Hand cream Baby for the mother**– Light almond oil cream, quickly absorbing, regenerating for the mother's stressed hands  
Enriched with: Almond oil, eth. lavender oil



